

The Pulse

A Hoag Hospital Foundation Publication for Practicing and Retired Physicians



SEEING IS BELIEVING

Hoag radiologist and physician leader Dr. Miles Chang and his wife, Dr. Catherine Chang, have made a gift to support Hoag’s continued growth.

Dr. Miles Chang believes things when he sees them. In fact, he’s built a career out of finding answers through visuals as a radiologist for Hoag. Since joining Hoag in 1995, one of those telling images has been the expansion of the radiology department and Hoag as a whole. “All we’ve done is grow. How many jobs are like that these days?” Dr. Chang ponders. “I want Hoag to continue that so we can keep benefiting people in the future.” Dr. Chang’s trajectory at Hoag has been one of dedicated physician, committed leader and, now, forward-looking supporter.

Dr. Chang and his wife Catherine, a physician in a private practice, have always been helpers: it’s in their DNA, is how he puts it. “I work in the hospital. Cathy is in the community seeing patients and helping people,” he said. “I see firsthand all of the things that actually help the community that come from philanthropy, such as the nurse navigators and the various Fudge family programs.”

As Dr. Chang became more involved with leading not only his department but the greater vision at Hoag, he learned what it takes to keep a health network flourishing. He has served on Hoag’s Medical Executive Committee, the Hoag Hospital Irvine Advisory Committee, the Physician Campaign Leadership Group during the Hoag Promise Campaign and is currently on Hoag’s Board of Directors.

“I’m incredibly inspired by the leadership I see. I see their dedication to the community,” Dr. Chang said. “I see it from the top level, where people work to raise money, all the way to the level where you’re the recipient of such great equipment or services because of that support.”

Dr. Chang and his wife have made a charitable bequest to continue their mission of helping people long after they’ve left the exam rooms. Catherine says philanthropy has added another level of fulfillment to Dr. Chang’s career on top of his clinical work. “Hoag has given so much to him that he wants to give back,” she said. He hopes other physicians will be moved to think of supporting Hoag’s future.

Though Dr. Chang wants his family’s gift to benefit whatever area needs it most, he’s hoping there will be more scholarships and educational opportunities for radiology staff. His family’s gift to Hoag is not a recognition for himself, Dr. Chang said, but a provision for the next physicians, staff and patients.

“Hoag has always had the resources to support the type of work physicians want to do at the quality they want to do it. I think it’s worthwhile to give back to ensure that continues.”

To learn how you can give back, visit HoagHospitalFoundation.org/GiftPlanning



2



REDUCE YOUR HIGH TAXES

If higher taxes are on the horizon, don't worry. We have what you need to reduce taxes and keep your life and your plans on track.



WE CAN GIVE YOU DETAILS ON THESE AND OTHER IDEAS

All are designed to lower your income and capital gains taxes. In some cases, you will create new tax-advantaged payments!

Call (949) 764-7206 or email Julie.Heggeness@hoag.org to learn how we can help you and your financial advisor meet your goals and minimize taxes.

TAXES on your MIND?



HIGH TAXES ARE NOT INEVITABLE

Often, the threat of taxes makes big news, but the ways of lowering them does not. Hoag Hospital Foundation has the tools to help you not only lower your tax burden but also create benefits you may never have considered.

Charitable Gift Annuity	Fund a gift annuity with us and receive an income tax deduction this year and fixed payments for life.
Charitable Remainder Unitrust	Fund a unitrust and receive payments on a schedule and at a rate (within limits) of your choosing. Receive an income tax deduction and provide for you and your spouse.
Gift of Stock	If you have appreciated assets, such as stock, you can reduce capital gains taxes by funding one of the vehicles above or by simply transferring it to Hoag Hospital Foundation. You must never sell the stock or asset but transfer it directly to us.
IRA Charitable Rollover	If the thought of paying income taxes on a required minimum distribution (RMD) is a bad idea to you, consider transferring money from your IRA (up to \$100,000) and satisfy your RMD without paying income tax on the transfer.

This information is not intended as tax, legal or financial advice. Gift results may vary. Consult your personal financial advisor for information specific to your situation.

3

FOOD FOR THOUGHT

PLAN FOR YOUR FUTURE

like you'd shop for healthy foods

When we go shopping, it is always best to have a list. When we do, we don't forget to pick up that needed item, and we are also less likely to buy too much.



Lists make sense



Planning pays

When you think about the people in your life who are important to you, have you written a plan to take care of them? How about the charities in your life? Don't worry if you haven't. Many people never do. However, if the peace of mind that comes with planning and the possibility of significant tax savings appeal to you, we have already done most of the work for you. We make it easy.

Just like a store, we have shelves of ideas, such as the charitable gift annuity, IRA rollovers, beneficiary designations and more. All are designed to help you achieve your goals and provide for your family while also creating your legacy. We can even send you our complimentary estate planning kit.

Unlike a store, our products, guides and ideas all come with no cost to you. There is never any obligation. Call or email us, and we can give you the ingredients to help you prepare a beautiful list for life.

DO YOU HAVE A PLAN FOR THE FUTURE?



We look forward to helping you create a plan that addresses your unique needs and goals at every life stage.

Take advantage of a great resource to help you in your planning. Our website includes a number of valuable tools, including informative videos, the online Wills Planner and a downloadable guide to planning your will or trust.

To download your free wills guide, please visit our website at HoagHospitalFoundation.org/GiftPlanning

If you would like to get started creating or updating your charitable plan, please give us a call at (949) 764-7206 or email Julie.Heggeness@hoag.org.



4

ENDOWED CHAIRS SET HOAG APART

A hallmark of academic institutions, endowed chairs are rare among community hospitals. Thanks to the generosity of its donors, Hoag uniquely possesses the best of both worlds and is home to 19 endowed chairs, which fund innovative therapies and programs. The commitment and vision of these many supporters empower physician leaders and advance Hoag's mission to provide the highest quality of care to our communities.



Since 2019, a total of \$13.3 million in philanthropic funds have been raised in support of the following five new endowed chairs at Hoag. Congratulations!

Robert S. Gorab, MD

Tom & Mayumi Adams Endowed Chair in Orthopedic Surgery

Dr. Gorab is chief medical officer of the Hoag Orthopedic Institute and is instrumental in research, surgeon education and the design and development of orthopedic implants and procedures.

Lisa M. Karamardian, MD, FACOG

Jeffrey M. Carlton Endowed Chair in Women's Health, in honor of Dr. Anne M. Kent

Dr. Karamardian is a gynecologic surgeon, gynecologist and obstetrician at Pacific Women's Healthcare Associates and the former chair of the obstetrics and gynecology department at Hoag. She is committed to less invasive surgical options to treat a variety of gynecologic conditions.

Robert G. Louis, MD, FAANS

Empower360 Endowed Chair in Skull Base and Minimally Invasive Neurosurgery

Dr. Louis is director of the Skull Base and Pituitary Tumor Program at the Pickup Family Neurosciences Institute. He is pioneering diverse uses of virtual and augmented reality technologies.

Subbarao V. Myla, MD, FACC, FSCAI, MMM, CPE

Dr. Joel H. Manchester Endowed Chair in Interventional Cardiology

Dr. Myla is medical director of Cardiac and Endovascular Labs and Cardiovascular Research at the Jeffrey M. Carlton Heart & Vascular Institute. In addition to showcasing leading edge-techniques to the medical and scientific communities, he initiates clinical trials focused on stroke prevention and the early detection of heart attacks.

Gary A. Ulaner, MD, PhD, FACNM

James & Pamela Muzzy Endowed Chair in Molecular Imaging and Therapy

Dr. Ulaner is director of the Molecular Imaging & Therapy Program at the Hoag Family Cancer Institute. Dr. Ulaner provides cancer patients with access to clinical trials that customize care and treatments for each patient.



OFFICE OF GIFT PLANNING

Julie Heggeness,
JD, CSPG, TEP

*Executive Director, Gift Planning
and Legal*

(949) 764-7206
Julie.Heggeness@hoag.org



HOAG HOSPITAL FOUNDATION

Coufos Family Center for Philanthropy
330 Placentia Ave., Suite 100
Newport Beach, CA 92663

(949) 764-7206
HoagHospitalFoundation.org/GiftPlanning